OCI-R

The following statements refer to experiences that many people have in their everyday lives. Circle the number that best describes **HOW MUCH** that experience has **DISTRESSED or BOTHERED you during the PAST MONTH.** The numbers refer to the following verbal labels:

0	1	2	3	4
Not at all	A little	Moderately	A lot	Extremely

1. I have saved up so many things that they get in the way.	0 1 2 3 4
2. I check things more often than necessary.	0 1 2 3 4
3. I get upset if objects are not arranged properly.	0 1 2 3 4
4. I feel compelled to count while I am doing things.	0 1 2 3 4
5. I find it difficult to touch an object when I know it has been touched by strangers or certain people.	0 1 2 3 4
6. I find it difficult to control my own thoughts.	0 1 2 3 4
7. I collect things I don't need.	0 1 2 3 4
8. I repeatedly check doors, windows, drawers, etc.	0 1 2 3 4
9. I get upset if others change the way I have arranged things.	0 1 2 3 4
10. I feel I have to repeat certain numbers.	0 1 2 3 4
11. I sometimes have to wash or clean myself simply because I feel contaminated.	0 1 2 3 4
12. I am upset by unpleasant thoughts that come into my mind against my will.	0 1 2 3 4
13. I avoid throwing things away because I am afraid I might need them later.	0 1 2 3 4
14. I repeatedly check gas and water taps and light switches after turning them off.	0 1 2 3 4
15. I need things to be arranged in a particular way.	0 1 2 3 4
16. I feel that there are good and bad numbers.	0 1 2 3 4
17. I wash my hands more often and longer than necessary.	0 1 2 3 4
18. I frequently get nasty thoughts and have difficulty in getting rid of them.	0 1 2 3 4

Obsessive-Compulsive Inventory – Revised (OCI-R)

Administration & Scoring

The OCI-R is a short version of the OCD (Foa, Kozak, Salkovskis, Coles, & Amir, 1998) and is a self-report scale for assessing symptoms of Obsessive-Compulsive Disorder (OCD). It consists of 18 questions that a person endorses on a 5-point Likert scale.

Scores are generated by adding the item scores. The possible range of scores is 0-72. Mean score for persons with OCD is 28.0 (SD = 13.53). Recommended cutoff score is 21, with scores at or above this level indicating the likely presence of OCD.

Reference:

Foa, E.B., Huppert, J.D., Leiberg, S., Hajcak, G., Langner, R., et al. (2002). The Obsessive-Compulsive Inventory: Development and validation of a short version. *Psychological Assessment, 14,* 485-496.